

Systematic Review of CMMI Primary Care Initiatives

Client: U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services, Office of Minority Health

Overview

The Comprehensive Primary Care (CPC) Initiative sought to promote collaboration between public and private healthcare payers to help primary care practices achieve a three-part goal in healthcare delivery: better care for the individual, better health outcomes for populations, and lower costs through improvement of the care delivery processes. CPC was launched in 7 markets, with each containing approximately 75 participating primary care practices.

This study aimed to (1) evaluate the CPC's effects on cost, quality, and patient and provider experience; and (2) provide ongoing rapid cycle feedback to CMS, providers, payers, and other stakeholders to promote learning and ongoing improvements at both the practice and market levels.

As part of this study, the project team designed and conducted a systematic review of qualitative and quantitative findings of six primary care initiatives conducted by the Center for Medicare & Medicaid Innovation:

- Multi-Payer Advanced Primary Care Practice Demonstration
- Federally Qualified Health Center Advanced Primary Care Practice Demonstration
- Comprehensive Primary Care Initiative
- Independence at Home Demonstration
- Primary care models included in the State Innovation Models initiative
- Primary care models included in the Health Care Innovation Awards



Insight coordinated, conducted, and analyzed telephone interviews with patients of practices participating in the CPC initiative. Insight conducted most of the interviews with patients receiving care management and also interviewed patient and family representatives of participating practices' Patient and Family Advisory Councils. As part of the research, Insight—

- Developed interview guides
- Recruited interview participants
- Conducted 52 interviews with patients and patient/family representatives
- Developed a coding scheme and coded and analyzed results
- Produced analytic summary tables and helped develop the final report and affiliated materials

Products

Summary and final reports