

WIC Nutrition Risk Assessment Study

Client: U.S. Department of Agriculture, Food and Nutrition Service

Overview

As part of the certification process for the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), WIC staff conduct a comprehensive nutrition assessment of applicants. This nutrition assessment has two purposes: enable WIC staff to (1) determine whether the applicant meets the nutritional risk eligibility requirement, and (2) tailor WIC benefits (supplemental foods, nutrition education, and referrals to other service providers) to meet the needs of the participant.

The purpose of this study is to provide the Food and Nutrition Service with a comprehensive, detailed description of the WIC nutrition risk assessment process and identify ways participant benefits are tailored to address the assessment results. Specifically, Insight—

- Conducts 10 in-person and 10 virtual site visits to WIC clinics to conduct interviews, observes the nutrition assessment process, and analyzes resulting data
- Collects and analyzes administrative data
- Prepares datafiles for submission to FNS



Results will also provide an in-depth look at specific aspects and features of the process associated with satisfaction among participants and staff and an overall positive clinic experience.

Products

Final report; journal article