

Process and Use of WIC Nutrition Risk Assessment Study

Client: U.S. Department of Agriculture, Food and Nutrition Service

Overview

As part of the certification process for the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), WIC staff conduct a comprehensive nutrition assessment of applicants. This nutrition assessment has two purposes: enable WIC staff to (1) determine whether the applicant meets the nutritional risk eligibility requirement, and (2) tailor WIC benefits (supplemental foods, nutrition education, and referrals to other service providers) to meet the needs of the participant. The purpose of this study is to provide the Food and Nutrition Service with a comprehensive, detailed description of the WIC nutrition risk assessment process and identify ways participant benefits are tailored to address the assessment results.



For this project, Insight—

- Conducts site visits to 10 WIC clinics to interview staff and observe the nutrition assessment process
- Contributes to analysis of site visit data
- Analyzes previously collected WIC Participant and Program Characteristics data
- Analyzes newly collected administrative data
- Prepares datafiles for submission
- Contributes to final report and journal manuscript

Products

Final report, journal article